

ADVANCED TRAINING for PRACTITIONERS FELDENKRAIS
and authorized students in year 4
WITH Julie PECK

Paris, Friday 9, Saturday 10, Sunday 11 et Monday 12 August 2019
Languages : English/French

Effective ATM Teaching –

HOW do we improve our ATM teaching to better meet the needs of our students

This workshop offers you the opportunity to immerse yourself in the ATM process and to consider how we can become more effective ATM teachers – giving our clients the experience of wanting to do ATM, to continue to do ATM and realising the benefits for themselves in pursuing ATM as a practice.

We will be using the “May 1973 Peter Brooks Workshop in Paris Series” as a way to explore the following questions:

- How do you teach a lesson or a series of lessons to address what your clients want, need, can accept and use in their daily life?
- How do you choose lessons appropriate to your intended outcomes?
- How do you develop a ‘learning based’ environment?
- How are you developing your “self-use” in facilitating the teaching of the lesson?
- How do you assess and reflect on your learning and teaching after the lesson?
- How is your own ATM practice informing your learning?
- How a deeper understanding of ATM and how teaching them will stimulate your FI work?

We will be using small group discussions to share our experiences, hear other’s experiences, ask questions, and do activities for us to further our understanding of what it is to be an effective ATM teacher.

If you have the time beforehand, you may want to go through the ATMs we will be using. We will be going through them again during the workshop so this is not essential.

Teaching will be in English with a French translation.

After the post training you will receive the recordings in MP3



JULIE PECK is Australian and lives in Perth. She completed her training in 1990 from Sydney 1 and became an accredited Feldenkrais Trainer in 2003. She has a private practice in Perth and likes as well to teach the Method in trainings and advanced trainings. Her heartfelt way of teaching allows students to go into the depth of the Method which enriches each on a personal as well as on the professional level.

Schedules:

Friday 9 August – 15.30-18.30 pm

Saturday 10 August – 9.30-12.30 am and 13.30-16.30 pm

Sunday 11 August – 9.30-12.30 am and 13.30-16.30 pm

Monday 12 August – 9.30-12.30 am et 13.30-15.30 pm

Location:

Atelier de Paris/ CDCN – Carolyn Carlson
La Cartoucherie – 2 route Champ de Manœuvre 75012 Paris
Un plan d'accès vous sera envoyé avant la post-formation.

Tarif :

520 € before le 30 June 2019 + 10 € (association fee)
480 € from the 1st July 2019+ 10 € (association fee)

Payment and registration by wire transfer or check to the order of Self-Wise.

Please bring your mats ! Self-Wise puts at your disposal tables, cushions and rollers.

ADVANCED TRAINING Julie PECK, 9 to 12 August 2019
Atelier de Paris – CDCN
La Cartoucherie de Vincennes

REGISTRATION to send by email or postal mail:
SELF-WISE
38 rue Servan – 75011 Paris
tel. +33 (0)6 42 76 08 08 – mail: acharpillon@self-wise-feldenkrais.com

NAME:

FIRST NAME:

Address:

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Tel:

Email:

I sign up for to the Advanced Training with Julie Peck and pay :

480 € + 10 € before the 30th June 2017

or

520 € + 10 € from the 1st July 2017

Your registration will be confirmed upon receipt of your payment.
Thank you.

Bank details:

CREDITCOOP PARIS NATION

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