

PRACTITIONERS ADVANCED TRAINING
with **Julie PECK** assisted by **Catherine KRIEGER**

Paris, 26-27 AUGUST 2017

**HOW TO ENRICH THE IMAGE OF OUR RIBCAGE
AND ITS MOVEMENT POSSIBILITIES**

Based on more complex PCMs from Alexander Yanai's directory, we will explore how to protect the quality of our movements by improving our questioning and continue to progress with "simple" movements of everyday life or even the PCMs which we know too well.

The advanced training will be taught in English with a translation in French.



JULIE PECK is Australian and lives in Perth. She completed her training in 1990 from Sydney 1 and became an accredited Feldenkrais Trainer in 2003. She has a private practice in Perth and is also very involved in teaching the Method either in training programs or advanced training. Her personal and engaged way of teaching allows to have a deep understanding of the Method. Our personal and professional life become richer.



CATHERINE KRIEGER (Paris 1) lives and works in Strasbourg. Certified from the 1st Training of Myriam Pfeffer in 1988, assistante trainer since 1998, she will assist and translate Julie.

Timetable : Saturday 26 – 10.00-13.00 and 14.00-18.00
Sunday 27 – 09.30-12.30 and 13.30-16.00

Location : CDC Atelier de Paris – Carolyn Carlson
La cartoucherie – 2 route Champ de Manœuvre 75012 Paris
M° Château de Vincennes (L1) then bus n°112 - 4 stops: La Cartoucherie

Cost : 315 € before 30 June 2017 + 10 € (fees association)
355 € from 1st July 2017 + 10 € (fees association)

Payment at registration by transfert or check order to Self-Wise

Please bring your mat ! Self-Wise put at your disposal tables, cushions and rollers.

ADVANCED TRAINING Julie PECK, 26-27 August 2017
CDC Atelier de Paris – Carolyn Carlson
La Cartoucherie de Vincennes

REGISTRATION to send by email or post:
SELF-WISE

38 rue Servan – 75011 Paris
tel. +33(0)6 42 76 08 08 – mail: acharpillon@self-wise-feldenkrais.com

NAME:

FIRST NAME:

Address:

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Tel:

Email:

I sign up for to the Advanced Training with Julie Peck and choose to pay :

315 € + 10 € before the 30th June 2017

or

355 € + 10 € from the 1st July 2017

Your registration will be confirmed upon receipt of your payment. Thank you.

Bank details:

CREDITCOOP PARIS NATION

IBAN : FR76 4255 9000 0841 0200 3964 678

BIC : CCOPFRPPXXX

SELF-WISE – Association loi 1901

Enregistrée à la Préfecture de Paris sous le N° W751213848

Siège : 38 rue Servan – 75011 Paris

SIRET : 751 253 535 00023 – NAF : 8559B



